



Dietary Avoidance List: Gluten

Nestlé New Zealand Ltd.

Current as at September 2020.

The following list of products:

- do not contain ingredients containing gluten, namely wheat, oats, rye, barley and spelt and/or;
- do not have ingredients derived from these cereals and have not been processed on equipment containing these ingredients and/or;
- may contain glucose syrup made from wheat starch that has been subject to a refining process reducing gluten protein to less than 20mg/kg and in accordance with Standard 1.2.3 of Food Standards Code does not need to be labelled as from wheat and;
- applies to products manufactured for the New Zealand market (identifiable by Nestlé New Zealand Consumer Services details on pack)

This information is correct at date of issue and may be subject to change.

Please check the product ingredient list on labels before consuming a product.

Baking Products

Nestlé Baker's Choice Baking Cocoa

Nestlé Baker's Choice Choc Bits - All

Nestlé Baker's Choice Melts - All

Beverages

Allen's Fantales Hot Choc

International Roast Coffee

Nescafé Classic - All

Nescafé Dolce Gusto - All

Nescafé Gold - All

Nescafé Sachets- All

Nesquik - All

Nestlé Coffee & Milk

Nestlé Coffee-mate - All

Confectionery

Allen's Bites - Mini Chocolate Coated Bananas

Allen's Bites - Mini Chocolate Coated Raspberries

Allen's Freckles

Nestlé Smarties

Dairy

Carnation Creamy Evaporated Milk

Carnation Light & Creamy Evaporated Milk

Carnation Lite Cooking Cream

Highlander Caramel

Highlander Sweetened Condensed Milk - Lite and Original

Nestlé Reduced Fat Cream

Nestlé Sweetened Condensed Milk

Foods- Maggi

Maggi Gluten Free Chicken Gravy
Maggi Recipe Base - Chilli Con Carne
Maggi Recipe Base – Devilled Sausages
Maggi Recipe Base - Lamb Ragout
Maggi Recipe Base - Mexican Nachos
Maggi Recipe Base - Mild Curry Sausages
Maggi Recipe Base - Satay Chicken
Maggi Side Dish - Creamy Cheese & Garlic Flavoured Potato Bake
Maggi Side Dish - Herb Potatoes
Maggi Side Dish - Sour Cream & Chives Flavoured Potato Bake
Maggi Side Dish - Three Cheese Potato Bake

Healthcare Nutrition

Optifast VLCD Desserts - All
Optifast VLCD Shakes - All
Optifast VLCD Soups - All
Sustagen - All

Infant Formula & Infant Cereals

Nan Supreme - All
S-26 Original - All
S-26 Gold - All
S-26 Gold Lactose Free
SMA

Foods- Maggi

The following group of *Maggi* products marked with an asterix are gluten-free and endorsed by Coeliac Australia and NZ. These products contain soy sauce fermented using a wheat-based ingredient. As per regulatory requirements this ingredient is labelled "*derived from wheat*" however, it has been refined in a way that removes gluten. These products carry a gluten-free symbol on pack and have been subject to additional testing to ensure there is no detectable gluten remaining in the final product.

Maggi Recipe Base - Beef Stroganoff*
Maggi Recipe Base - Chicken Chasseur*
Maggi Recipe Base - Mince Cottage Pie*